

Surrender to the soothing serenity of our spa. Uplift your day from good to epic. Relax and unwind as you take in the magnificent view. That is wellness at Leitlhof.



Wellness
& Beauty



Effective skin care from head to toe, rejuvenating baths that regenerate every single muscle, and gentle peelings: Relying on the power of nature, we offer the perfect treatment for your individual needs.

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Facial care



Team Dr. Joseph facial care

For women & men

The highest priorities for Team Dr. Joseph are purity, quality and sustainability. No raw material is too expensive, and all ingredients are certified organic and 100 % natural. The team's treatments are targeted toward nurturing and enhancing the feel and the health of your skin, and your beauty.

Intense purifying face treatment

—

The treatment begins with a gentle lymphstimulation massage, warm, damp herbal compresses, peel and deep-cleansing with cupping glasses, followed by a toning face pack, peel-off mask and nourishing cream selected for your skin type. For a visibly fresher complexion and a radiant vitality.

75 mins. – 95 Euro

Advanced bio lifting face treatment

—

Experience a truly unique beauty treatment with lymph stimulation massage, warm, damp herbal compresses, peel, deep-cleansing with cupping glasses, special serum, bio-energetic flower-blossom compress lifting massage and an intensive mask, rounded off with a nourishing cream selected for your skin type.

85 mins. - 115 Euro

Cellular recreation face treatment

—

A fabulously natural treatment with active ingredients selected specifically to your skin's needs, and instant results: Skin diagnostics, lymph-stimulation massage, warm, damp herbal compresses, peel, deep-cleansing with cupping glasses, special serum, facial remodelling massage, intensive mask and nourishing cream. Outstandingly effective active ingredients for a healthy, intensely nourished skin. High-tech nature for outstanding, lasting results.

75 mins. – 95 Euro

Feel-good package

- + Cellular recreation face treatment
- + Relaxing partial massage

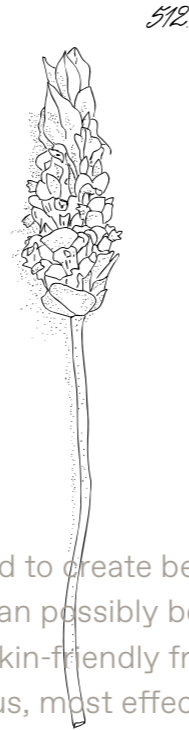
122 Euro

Mary Cohr facial care

For women & men

Mary Cohr was the first brand of its kind to create beauty treatments that are as natural as they can possibly be – GMO-free, paraben-free, chemical-free, and skin-friendly fragrances. Nourish your skin with the most precious, most effective secrets held within the plant.

Lavandula officinalis



Catioclean cleanses and purifies

A warm, pleasant treatment and peel to detoxify the skin and remove excess sebum. A beauty massage stimulates the circulation, followed by a face mask selected to suit your skin type to leave your skin feeling silky soft. Your facial features will be will more relaxed, and your complexion cleaner and fresher. Also suitable for teenagers.

50 mins. – 71 Euro

Catiovital cleanses and nourishes

The peel, together with the sauna-effect of the thermal mask, cleanses the skin right through to the depths of the pores. Double ionisation helps the precious active ingredients of hyaluronic acid, vitamin C and fruit acid, to penetrate deep into the skin, where their effects unfold to the full. A soothing essential oil massage replenishes your energy and leaves the skin feeling wonderfully soft, followed by a face mask tailored to your skin type to round off the treatment. Your skin will radiate beauty instantly.

75 mins. – 95 Euro

Eye Repair Eye treatment to soften the signs of the times

The channelling of active ingredients smooths out the expression lines around the eyes. The eye-contour massage tightens the skin and reduces dark circles and puffy eyes, while the eye mask nourishes and rejuvenates the skin.

45 mins. – 59 Euro

Phytoxygene Oxygenating Detox Treatment

An exclusive Treatment method that detoxifies and oxygenates the skin using the power of nature. A real “breath of fresh air”, this Treatment allows the skin to freely breathe again, leaving it perfectly clear and radiantly beautiful.

50 mins. – 79 Euro



Age Repair stones and strengthens

Gommage dermabrasion removes dead skin cells and regenerates the skin surface. The anti-ageing serum with pure vitamin C stimulates cell renewal and reduces pigmentation, a revitalising massage stones and strengthens the tissue, and a fabric mask leaves the skin looking like new, giving you a visibly youthful glow.

50 mins. – 82 Euro

Age Firming rejuvenates and nourishes

A papaya extract and cellulose particle peel removes dead skin cells and smooths the surface of the skin, while a wonderfully effective massage gives tired, sagging skin a rosy glow. Alaria Algae serum tones and brightens the skin, a nourishing lifting mask provides and instant moisture boost, and a neck and décolleté mask leave your skin visibly smoother.

50 mins. – 88 Euro

Beauty package

+ Catiovital
+ Manicure

122 Euro

Cosmetics

Eyes

-
- Eyelash tint 16 Euro
- Eyebrow tint 16 Euro
- Eyebrow shaping 16 Euro

Depilation

-
- Full leg 40 Euro
- Leg to knee 26 Euro
- Bikini area 15 – 21 Euro
- Back from 19 Euro
- Arms from 19 Euro
- Underarms 15 Euro
- Upper lip 10 Euro



Pedicure

—
Refreshing foot bath, classic pedicure and moisturising massage to round off.
47 Euro

Pedicure with polish

—
Incl. nail polish to take away.
54 Euro

Pedicure with permanent nail polish

—
Classic Pedicure with permanent nail polish. Lasts up to 4 weeks.
63 Euro

Spa Pedicure for silky-soft feet

—
Optimal care programme for dry, cracked feet: with peel, foot care, mask, massage.

80 mins. – 71 Euro

Manicure

—
Classic Manicure with nourishing, moisturising massage.
41 Euro

Manicure with polish

—
Incl. nail polish to take away.
48 Euro

Manicure with permanent nail polish

—
Classic Manicure with permanent nail polish. Lasts up to 2 weeks.
57 Euro

Care for hands & feet

+ Manicure
+ Pedicure

83 Euro

Body care



Body scrub

—

A body peel cleanses the skin deeply and intensely, removes dead skin cells and leaves your skin feeling silky soft. Products applied to the skin after a peel penetrate more deeply, allowing their effects to unfurl to the full.

Peeling of your choice
20 mins. – 39 Euro



Cellulite Body Ritual

—

Experience a unique cellulite treatment with outstanding results: revitalising body peel, stimulating cupping-glass treatment with body-shaping cellulite massage and an algae bath for extra moisture and a metabolism boost.

75 mins. – 95 Euro

Abdomen Vitality

—

During the Abdomen Vitality programme, the stomach area is decongested and the circumference of the abdomen is reduced. The aim of this massage is to gently stimulate peristalsis, with a resultant improvement in the tone and firmness of the body's contours.

45 mins – 69 Euro

Relaxation Body Ritual

—

A body peel with precious mango butter starts off this treatment, followed by a relaxing massage with soothing essential oils and a comforting body wrap with a nurturing, calming effect.

75 mins. – 95 Euro

Back Vitality

—

Intensive back treatment with highly-effective natural ingredients. This back programme is tailored to your own specific needs and includes massage, cupping and heat treatment to ease tense muscles and relieve blockages.

50 mins. – 72 Euro

Body packages

+ Body scrub
+ Nourishing body pack

50 mins. – 77 Euro

—

+ Body scrub
+ Nourishing full massage

70 mins. – 97 Euro

Massages



Classic

Classic Massage

—
Kneading, stroking and rolling techniques stimulate blood flow to the muscles and revitalise the body. The positive effect on the central nervous system triggers an instant sensation of wellbeing and relieves muscular tension.

Full massage
50 mins. – 69 Euro

Partial massage
25 mins. – 42 Euro

Foot stimulation massage

—
This massage has a beneficial effect on a variety of the body's organs as well as the lymphatic and nervous system. It boosts blood circulation, eases stress and relieves tension and blockages. With a revitalising herbal foot bath.

40 mins. – 59 Euro

Sports massage with arnica oil

—
Particularly beneficial after sporting activity. Vigorous massage techniques together with arnica oil bring relief to overworked muscles.

Back and legs
45 mins. – 72 Euro

Lymph stimulation massage

—
An extremely gentle, relaxing massage with stroking and pumping movements to stimulate the entire lymphatic system, ease puffiness and congestion and detoxify the body.

50 mins. – 69 Euro
25 mins. – 42 Euro

Head, neck and shoulder massage

—
The combination of targeted massage techniques, warm basalt wands and highly-effective plant extracts ease tension in the head, neck and shoulder area.

50 mins. – 72 Euro

Therapeutic massage

—
Is a rehabilitation technique in which various techniques of manual manipulation are carried out. Our physiotherapist recommends exercises at home that you can use every day to do something good for your body.

50 mins. – 79 Euro

Stronger back

+ Back "Vitality": tailored back programme with massage, heat treatment and cupping to ease tense muscles and relieve blockages
+ incl. Arnica sports balm to take away (50 ml)

50 Min. – 84 Euro

Aromatic oil massage

This massage helps us to meet your needs to the full. Sculpting massage techniques together with the selected essential oil ease tension and rigidity, leaving your muscles feeling liberated, smooth and supple:

Harmony

—
The aroma massage oil spoils you with a fresh scent of coniferous wood and the sweet notes of vanilla and citrus fruits in a gentle calm. Its base of almond, jojoba and quality marigold oil offers protection for delicate skin.

Vitality

—
For a vitalizing and activating massage. Precious arnica extracts in combination with jojoba, almond oil and juniper from the Alps give this massage oil its powerful note and its unique fragrance.

Firming & Toning

—
This firming and toning aroma massage oil with ivy extract and selected power ingredients gives the body a pleasant invigorating feeling of dynamic freshness and stimulates the microcirculation of the skin.

Full-body oil massage
Harmony, Vitality or Firming & Toning
50 mins. – 72 Euro

Full-body oil massage
Harmony, Vitality or Firming & Toning
with head & scalp massage
75 mins. – 97 Euro



Extraordinary

Deep relax stone massage

—
At the beginning of this relaxing stone massage, the energy centers of the body are stimulated with pleasantly warmed basalt stones. The gentle massage that follows, with efficient essential Chakra oils, stimulates lymph activity and the body's detoxification processes. Enjoy exceptionally deep heat and fragrant aroma oils in this stone massage – primal power for your body and soul.

Full-body massage
50 mins. – 72 Euro

Full-body massage
with head and scalp massage
75 mins. – 97 Euro

Herbal stamp massage

—
The herbal stamp massage is invigorates and purifies the body. The heat and herbs have a restorative, purifying effect on the skin.

50 mins. – 79 Euro

Singing bowls massage

—
The singing bowl massage will lead you to a sensation of pure well-being and a state of deep relaxation: Breathing becomes calmer and deeper, and tension and blockages are eased. The singing bowl massage brings body, mind and spirit into harmony.

50 mins. – 72 Euro

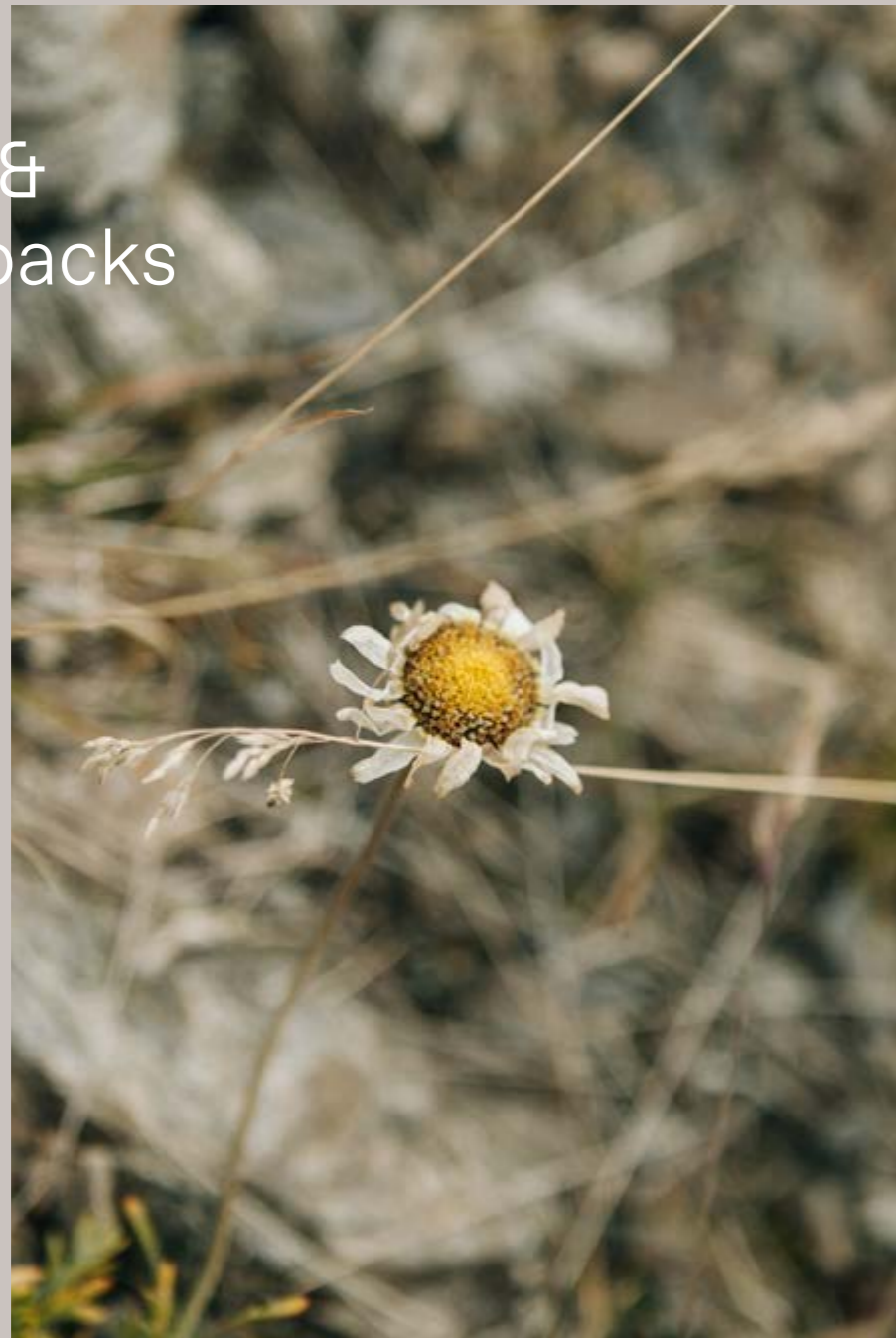


Deluxe für 2

+ Hay scrub
+ Alpine herbs
exfoliating body scrub

For 2 persons
70 mins. – 199 Euro

Baths & body packs



Baths in the imperial tub

Winding down in water – A bath in the Imperial tub is a tonic for body and soul, and its soothing warmth is the perfect way to de-stress and replenish your energy reserves. Enjoy a bath on your own or as a couple.

Stone pine bath with crystal salt

—
A sea salt bath has a regenerative effect on the skin, tones the connective tissue and boosts the metabolism. The natural, fresh scent of stone pine has a liberating, clarifying, calming effect and promotes restful sleep.

Bath alone or as a couple
20 mins. – 49 Euro



Milk bath Skin care

—
The milk and honey bath is particularly well-suited to sensitive skin. For smooth, deeply-moisturised skin.

Bath alone or as a couple
20 mins. – 49 Euro

Stone oil bath for hikers and sports enthusiasts

—
The stone oil bath is an age-old home remedy for overworked muscles and joints. The active substances held within stone oil are considered to have healing and nourishing properties.

Bath alone or as a couple
20 mins. – 49 Euro

Pure relaxation for 2
+ Bath of your choice
in the imperial tub
+ 2 full massages

For 2 persons
70 mins. – 168 Euro

Floatation bed body packs

Floating weightlessly in 38°C water, yet your skin remains completely dry. The pleasant warmth helps your pores to open and stimulates the microcirculation, allowing the body pack to work to its full advantage. The pinnacle of skin care and relaxation, guaranteed!

Anti-aging body pack

—
The power of grapes and sea buckthorn come together to give you a radiant, youthful glow. This beauty pack enhances the skin's self-protective mechanisms and leaves your skin feeling toned and smooth.

20 mins. – 43 Euro

Detox pack

—
Alpine mud is packed with all the scents of the Alps and natural sediments. This pack works to detoxify the body through the skin, and guarantees invigorating, revitalising results.

20 mins. – 43 Euro

Arnica pack

—
The perfect body pack to give tired muscles and joints a new lease of life. The combination of active substances includes arnica and St. John's Wort to release stress and relieve tension.

20 mins. – 43 Euro

Original South Tyrol hay bath

—
The South Tyrol mountain hay vanquishes all tiredness and stress. The scent of mountain hay and the warmth of the bath fill you with a renewed sensation of vitality and well-being. The hay bath has a detoxifying effect, and eases limb and back pain.

20 mins. – 43 Euro

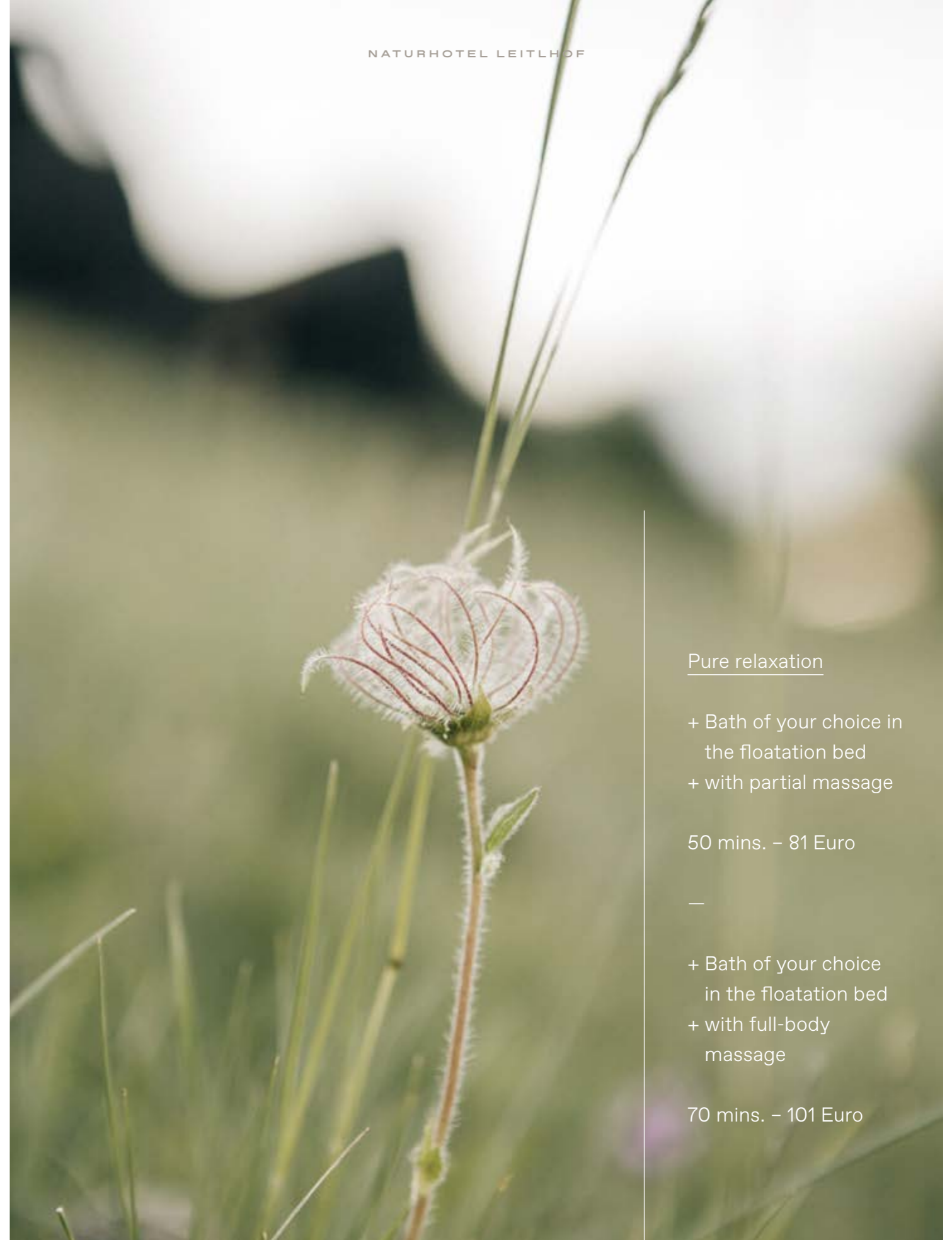
Pure relaxation

+ Bath of your choice in the floatation bed
+ with partial massage

50 mins. – 81 Euro

—
+ Bath of your choice in the floatation bed
+ with full-body massage

70 mins. – 101 Euro





Wellness for pregnancy



Relaxation and pampering during pregnancy can be really beneficial for both: mum and baby. Enjoy one of our pregnancy friendly spa treatments.

Team Dr. Joseph facial treatment

—
A fabulously treatment with active ingredients for a healthy, intensely nourished skin.

50 mins. – 71 Euro

Pregnancy Massage

—
Relaxing pregnancy massage can reduce stress hormones and relieve muscle aches.

40 mins. – 59 Euro

Manicure

—
Classic manicure with nourishing, moisturising massage.

41 Euro

Pedicure

—
Refreshing foot bath, classic pedicure and moisturising massage to round off.

47 Euro

Wellness for young luxury-lovers

For children & young people up to 18 years old



Mini facial

—
Designed to meet the needs of young skin, helps to rid the skin of impurities. With gentle scrub, relaxing massage and purifying mask.

45 mins. – 59 Euro

Mini-manicure with nail polish

—
Incl. nail polish to take away.

30 mins. – 29 Euro

Kids massage

—
Calming massage with scented and gentle products. Suitable for young skin. Up to 12 years old.

25 mins. – 35 Euro

Mini-pedicure with nail polish

—
Incl. nail polish to take away.

30 mins. – 29 Euro

Teen massage

—
Relaxing massage especially designed for teenagers. Up to 18 years old.

40 mins. – 59 Euro

For mother & child

+ Lavender milk bath
incl. bath ball
with surprise
+ Partial massage

45 mins. – 103 Euro

Spa etiquette

Enjoy the peace

Our Spa is a haven of peace and relaxation. We therefore ask our guests to:

- + Avoid the use of mobile phones
- + Not jump into the pool
- + The fitness room, the relaxation room and both outdoor saunas are reserved for adults only (from 18 years and over). Our younger guests can enjoy themselves in both pools.

Appropriate clothing

- + Our sauna area is a no-clothing zone. Please do not wear bathing clothes here. Our tip: Wrap a towel around your hips and breasts.
- + We also recommend that you leave all jewellery and valuable objects in your room. In your room, you will find a wellness bag with bathrobe to use in the Spa. Bathing slippers can be requested at the reception.



Booking

We recommend booking your treatments before your arrival. We will be delighted to help you choose. You can book by phone at +39 0474 913440, and by e-mail at info@leitlhof.com.

Health

Please let us know at the time of booking if you are pregnant or if you have any health conditions such as high blood pressure, heart complaints and allergies. We recommend consulting your doctor beforehand in order to avoid potential adverse effects.

Cancelling appointments

Please notify us at least 24 hours in advance if you would like to cancel or reschedule an appointment. Late cancellations are charged at the full treatment price. Thank you for your understanding.

Time

To ensure that you can enjoy your treatment time to the full, please come to the spa reception 5 minutes before the beginning of your appointment. If you arrive late, we will have to reduce your treatment time accordingly.

Booking hotline

+39 0474 913440
or info@leitlhof.com

Leitlhof Spa Plus

+ 10 % discount on cosmetic treatments and massages in the morning

+ When you book an individual package with 3 treatments (minimum duration is 50 mins.) you receive 10 % discount. Bookable one time

+ When you book an individual package with 5 treatments (minimum duration is 50 mins.) you receive 15 % discount. Bookable one time

+ We keep you up to date with all current offers and packages in our Evening Post or our guestnet: info@leitlhof.com

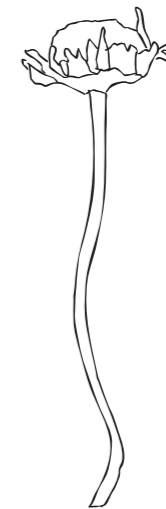
+ Gift vouchers for beauty packages, treatments or cosmetic products

*Packages and special offers cannot be combined



Leitlhof Spa

- + 2000 m²
- + Panoramic swimming pool
- + Heated panoramic outdoor pool
- + Lawn for sunbathing
- + Panorama relaxation room with water beds and relaxation loungers
- + 4 indoor saunas:
turkish bath sauna, salt bath sauna, finnish sauna, herbal sauna
- + 2 outdoor saunas:
saunas in birch and pine-wood huts in the garden
- + 5 treatment rooms
- + Fitnessroom



Opening times

-
- Panoramic swimming pool
07:00 am – 07:00 pm
- Fitness room
08:00 am – 07:00 pm
- Heated outdoor pool
Winter 03:00 pm – 07:00 pm
Summer 08:00 am – 07:00 pm
- Sauna
03:00 pm – 07:00 pm
- Beauty department
09:00 am – 12:00 pm /
02:00 pm – 07:30 pm

Sauna infusions

-
- 4 times a week
at 05:00 pm und 6:00 pm



Booking hotline

+39 0474 913440

or info@leitlhof.com

